

LIFELINE Two residents and a rescuer hold on to a rope as they wade through waist-deep floodwaters in Cagayan de Oro City at the height of the flash floods that swept through the region on Friday night. They were the lucky ones. At least 200 others did not last the night. Cagayan de Oro was the center of the storm, 32 of its barangays were submerged in floodwaters. (More photos on Page A24.)

Storm devastates South

Indie night at PDI: 2nd time still a game-changer

By Bayani San Diego Jr.
(Entertainment)

JUST LIKE the first time, the second was a certified game-changer.

The 2nd Inquirer Indie Tribute gathered industry leaders, acclaimed actors and independent filmmakers to celebrate the achievements of both the past and the youngbloods, as well as chart the future of the promising genre—proof that last year's inaugural success was no fluke.

Held Thursday night at the paper's main office in Manila City and covered by major TV screens, the event went beyond giving out awards by again providing a congenial venue for dialogue on matters that impact the entire filmmaking community.

After last year's program produced discussions that eventually led to new government policies for the benefit of the industry, the stakeholders returned this year to give updates on those initiatives and discuss their contributions.



PHOTO: A23

Residents ignored warning; in dead of night, 'Sendong' hit

By Inquirer Mindanao

CAGAYAN DE ORO CITY—"Sendong" came in the dead of night, tearing through swaths of Mindanao not usually in the path of storms, inundating houses up to the rooftops and drowning scores of sleeping residents in the most destructive calamity to hit the South in years.

At press time, the number of Philippine Red Cross (PRC) dead had risen to 478, the total.

PRC Secretary General Gwen Pang said the latest toll on Saturday was based on a body count in funeral parlors. She said 215 died in the city of Cagayan de Oro and 144 in nearby Davao, and the rest in several other southern and central provinces, including Zamboanga del Norte and Compostela Valley.

Many of them were women and children confirmed killed

in floods and landslides spawned by Sendong.

The Davao losses in Mindanao, based on reports as of 30 p.m., also from funeral parlors, estimated the dead to be over 300.

The Visayas was not spared, with the tropical storm leaving at least 22 persons dead and 14 missing in Negros Oriental.

(For updates, go to inquirer.net, tune in to Radyo

Inquirer 990AM, or text ON INQ BREAKING to 4467.)

Many others remained missing in these areas, officials said. Cagayan de Oro was at the center of the storm, which could explain why it suffered the most—23 flooded barangays in all, officials said. As much as 100 millimeters of rain fell on the city daily yesterday, according to the weather bureau.

BYRON A20

Ateneo starts tradition: Junk Christmas

By Terra Quismundo

ANNEKEE fashioned out of recycled wire and scrap metal. Life-size mannequins built from empty soda cans, bottles and soccer balls. A parol gives life with used paper and old CDs. And a late national artist's work revived in a Christmas tableau.

Starting a new Christmas tradition, the Ateneo de Manila University has awarded its first ever University Christmas Parol display this year in hopes of inspiring community spirit during the holiday celebrations.

Light displays made out of recycled materials made out the main theme of the Ateneo's

growing 85-hectare campus in Loyola Heights, Quezon City, each depicting beloved Filipino traditions—from the *Simbang Gabi* (midnight mass) to the traditional partaking of native desserts like *binigay* and *puto* (dumplings) (native rice cakes).

"We thought it was a good

ATENE0 A21

Swept away to rooftops, running out of coffins in CDO

CAGAYAN DE ORO CITY—Gely Antero and her family had to climb to the roof of the two-story house owned by her brother because the floodwaters had reached about 30 feet deep in their area.

"It is the tallest house in the community, and we thought the flood would not reach it," Antero said. But when the floodwaters climbed to the second floor, she said, she and her family ran down part of the roof so they could get on top of it.

"We would have drowned if we did not do so. The sound of the floodwater was so loud we did not have time to react," she said.

When they reached the roof, Antero and her family did themselves together with bedsheets as

they could not be swept away.

In Barangay Tondo by the banks of the Cagayan de Oro River, 20-year-old Houston Pano became deeply worried when the floodwaters continued to rise overnight on Friday.

"By 1 a.m., the water was so deep, 15 feet, that we had to climb to the roof of our house," Pano said.

By then the lights had gone out. "It was pitch black all around us," he said.

It made their climb to the roof doubly difficult, with his wife, their two children and himself trying to make do with a small flashlight.

They are the lucky ones. The sheer number of the

UPD/C2A2

Senate coup? Don't look at me



By Christian V. Eguerra

SENATE COUP? Don't look at me, said the Aquino administration's point man in the chamber.

Sen. Franklin Drilon vehemently denied he was behind an alleged attempt to ouster Senate President Juan Ponce Enrile, as senators prepared to sit at

SENATE A21

UN hails PH protection of migrant workers

By Tina G. Santos

WHILE THE web series usually make the headlines, the country's efforts to help thousands of overseas Filipinos, especially those caught in wars and calamities, have not gone unnoticed in the United Nations.

A UN executive speaking at a recent conference in Geneva has commended the Philippines for its exemplary efforts to protect its nationals caught in international crisis situations, according to the Department of Foreign Affairs (DFA).

Peter Sacherlaid, the special representative of the UN secret-

UN/IRRAWADDI

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P-Noy a far cry from his mother, says Cory aide Joker

By Christine E. Eguerra

POPCORNT you be like your mom? The man who ran and handily won the 2010 presidential election on the strength of his political pedigree should take a leaf from his mother's style of governance and support for the rule of law, said Sen. Joker Serrano yesterday.

After said President Aquino should not be "molded" by his mother, former President Corason "Cory" Aquino, said his ongoing war with the judiciary which precipitated the impeachment of Chief Justice Renato Corona.

"The model is the mother. She was a

person of means. She never abused her power despite the power she possessed," said the 61-year-old senator, a longtime human rights lawyer and the executive secretary of the Elder Aquino, Jr. to interview with the business.

Serrano has openly criticized the anti-politics, particularly his alleged effort to control the two other coequal branches of government. The senator denounced the impeachment of Corona upon the initiative of his Aquino's Liberal Party.

"Oh, what crimes are being committed in the name of transparency and the fight against corruption," he said.

Joker recalled that Cory Aquino held massive power soon after the assumed office following the People Power Revolution of 1986. He noted that she governed practically the same power as her predecessor, the late Ferdinand Marcos.

But to guard against possible abuse during her watch, Cory issued Proclamation No. 1, declaring a national policy to implement the education of the people, protecting their basic rights, adopting a provisional constitution, and upholding the accountability in a government under a new constitution, the senator said.

Proclamation No. 1, or the "Freedom Constitution"—allowed Cory Aquino's "vast power to exercise legislative power" in the meantime.

"The power of Marcos was with her, she could do anything, she decided that power, she was very careful. She exercised restraint, knowing it was not yet a power vested in her by the people," Joker said.

"The first ten years were so chaotic, there were no democracy. She was also for reform, but she was doing it right."

In contrast, the incumbent President Aquino "stepped out of any kind of duty, any kind of disagreement with

what the government does," he said.

Aquino's in a drive to clarify what ever already was in sight. "But the problem is not just in the elections are people and you cannot just run over them or push them aside," he said.

Aquino added: "He doesn't understand what government is. He thinks that just because he's just doing anything, the democracy under the new edge of the Constitution."

The senator warned against the possibility of 360 Aquino according to taking control of the Supreme Court.



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Eriguel won La Union seat, House declares

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"I feel very happy and more excited because of this victory. This only proves that the voters gave us the 2012 election to the House of Representatives of the second district of La Union."

"I feel very happy and more excited because of this victory. This only proves that the voters gave us the 2012 election to the House of Representatives of the second district of La Union."

The 1987 constitution of the election process filed by Thomas E. Eriguel for lack of credit. Eriguel's victory marked a change of leadership in the district from the Duterte clan.

Winning margin

The 1987 constitution of the election process filed by Thomas E. Eriguel for lack of credit. Eriguel's victory marked a change of leadership in the district from the Duterte clan.

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Binay: I'll continue to plead for OFWs' lives

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peace on earth to those on
whom His favor rests."
(Luke 2:14)



YVES President Agnes Binay
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By Tina C. Santos

YVES President Agnes Binay has vowed to continue seeking redress for overseas Filipino workers (OFWs) facing the death penalty.

Binay made the statement after two lawmakers urged the government to stop trying to save innocent OFWs from execution abroad and spend the taxpayer's money on more worthy causes instead.

Binay said that no time or resource of the state were ever wasted on appealing for a reprieve or lighter sentence for OFWs who were condemned to death.

Not quitting

"Our people would never understand if the government did nothing to help make a poor country, even when help no longer exists possible," Binay said in a speech at the closing ceremony of the 4th International Continuing Legal Education conference for public attorneys recently.

"We would be so much less of a government if we simply threw our hands in the air and said there was nothing more to be done," he added.

According to the Department of Foreign Affairs, 378 OFWs are facing death sentences, waiting time of being tried for drug-related offenses.

"There are never any questions of not let supporting the lives of such thousands of Chinese, or of our citizens being adversely affected by China carrying out its death sentences," he said.

Consistent with culture

"My ethics as a lawyer is a way of respecting and a possible continuation of someone from death to life in prison was, and always had been, consistent with our Christian values and Constitution," Binay said.

Justice Secretary Leila De Lima said that while it was reasonable to expect the government to help a Filipino suspended of crimes abroad during the trial stage, it should stop once extradition is or has been considered.

"Once they are found guilty beyond reasonable doubts, the government should stop interfering in their behalf at the expense of law-abiding Filipino taxpayers," said Binay.

He said Rep. Jerry Toledo, chair of

the House committee on good government and public accountability, said the country do not deserve public compassion as they willingly chose to do what they did because they were "lazy" and wanted to get rich quickly.

He said Binay implied the government's propensity to go all out in trying to rescue Filipinos under threat from the offshore penalty.

On Dec. 8, a Filipino was executed through lethal injection in China after being sentenced of smuggling heroin into the country.

Binay lamented in the Chinese Embassy in Manila a personal letter from President Aquino to China's President Hu Jintao, asking for clemency for the condemned Filipino for humanitarian reasons.

Palmily refused

The Vice President had earlier requested a visit to Beijing to deliver the letter, but it was politely refused by the Chinese government.

In January Binay went to China on instructions of Aquino to appeal for a stay in the execution of these Filipinos, but the appeal was not granted. Chinese authorities executed the three Filipinos by lethal injection the following month.

Brillantes off to US, 'I might not return'

By Philip C. Talusan

Commissioner of Elections (Comelec) Chair Diosdado Brillantes is flying to the United States today and he plans that he "might not return."

Speaking at the Committee Christmas party on Friday, Brillantes said he had been invited by the group, International Foundation for Election Systems, to study the electoral system of the United States.

He said he would also see his

three daughters who had been trying to convince him to retire. He left with his family Jan. 8.

"I will be leaving (2012) sometime... I might not return," Brillantes said.

Children's request

He said his daughters, one of whom was based in London and one in Connecticut, were opposed to him working at the Comelec. Brillantes said he accepted them to argue urge him to retire.

"We haven't had a reunion in the last six years," he said.

Brillantes said he would try to convince his children to let him continue working at the Comelec because he still had many plans for the post office.

"I must be able to do what I want, as in 2011 because I was not yet confirmed by the Commission on Appointments. And I've been used to having my way," Brillantes said.

Comela, Commissioner Rome Acuña will be leaving after which Brillantes is being

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Abstract



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Abstract The purpose of this study was to determine the effect of a 12-week training program on the physical fitness and health-related quality of life (HRQL) of sedentary, middle-aged women. The study was a randomized, controlled trial. The subjects were 40 sedentary, middle-aged women who were randomly assigned to either a 12-week training program or a control group. The training program consisted of three sessions per week, each lasting 45 minutes. The control group did not participate in any training program. The physical fitness and HRQL were measured at baseline and at the end of the 12-week training program. The results showed that the training program had a significant positive effect on the physical fitness and HRQL of the women. The women in the training group showed significant improvements in cardiovascular fitness, muscular strength, and endurance. They also showed significant improvements in their HRQL, including their physical functioning, role limitations due to physical problems, and overall health. The women in the control group did not show any significant changes in physical fitness or HRQL. The results of this study suggest that a 12-week training program can improve the physical fitness and HRQL of sedentary, middle-aged women.

The authors are grateful to Dr. J. H. Duerksen for his critical reading of the manuscript.

This work was supported by the National Institutes of Health, Grant No. R01 AI-26789.

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...the results of the study are consistent with the findings of other studies that have shown that the use of a mobile phone can improve the performance of a task. For example, a study by [10] found that the use of a mobile phone improved the performance of a task that required the use of a mobile phone. The results of the study also suggest that the use of a mobile phone can improve the performance of a task that requires the use of a mobile phone. The results of the study also suggest that the use of a mobile phone can improve the performance of a task that requires the use of a mobile phone.

These results suggest that the economic environment in the United States is not conducive to the growth of the private sector. The government should take steps to improve the economic environment, such as reducing the tax burden on businesses and increasing the efficiency of the regulatory system.

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| 3. Scope | 3. Scope |
| 4. Methodology | 4. Methodology |
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Top Marine: 0.015

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Sundown



INQUIRER *Mindanao*

It will be printed in accordance with the provisions of the Philippine Constitution.

Julio (Jon) R. Bantolero
Baron (Baron) R. Alcantara

TV PERSONALITY
and her special
advocate for children
Engracia Dato Pura
she is a
mother who child
at Davao Municipal
Hospital in Davao
City, Mindanao, where
the United Nations
agency is helping
implement a
community-based
program to fight
malnutrition among
children caught in
the conflict of war
between
government and
separatist Moro
rebels.
She is also a mother.



It is our
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problem.
Expect it
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always be
malnourished
children...'

COMMUNITY-BASED PROGRAM FOR KIDS

It takes a village to fight hunger

By Nina May de Guzman-Padilla
Davao City, Mindanao

BAIEDDO Salasman seems a wide smile inside a ward for malnourished children at Davao Municipal Hospital in Davao City, Mindanao. Her 7-month-old son Davao Ali looked in better shape now.

"My little Davao is gaining back gradually his lost weight," she woman said.

Struck with pneumonia complicated by malnutrition, Davao Ali was admitted into the community-based management of acute malnutrition (CMAM), a community-based approach to combat malnutrition. The program was piloted in Mindanao in 2009.

"I will see again how a child from this divided island," Bantolero, 28, said, recalling the death of another son from acute malnutrition.

Salasman personally and United Nations special advocate for children Engracia Dato Pura, observed Davao Ali's behavior with delight. "Look, he's having a good time chewing. He's not crying, he's happy, and that means good health," she said while stroking his tiny hands.

CMAM intervention

Following its experience in Africa, the United Nations Children's Fund (UNICEF) introduced the CMAM approach to treat health clinics and community-based hospitals in Mindanao, and provided the equipment and funds needed to train their staff. The program relies heavily on community health workers (CHWs), a type of high traditional role which was developed for severely malnourished children and adults.

The CMAM program is UNICEF's primary program to combat malnutrition in the Philippines. Started in eight sites across Mindanao since 2009, it focuses a network of community outreach to prevent cases among children under 5 with severe acute malnutrition (SAM) and serious complications.

"They are trained at the community level with the IMR and various medications for the IMR and supplementary food process to moderate acute malnutrition (MAM)," said Dr. Paul Carabina, United Nations official.

In the management of the SAM, the World Food Program distributes ready-to-use supplementary food (RUSF) to children aged 6 to 36 months who are suffering from SAM and from fortified rice for pregnant and lactating mothers.

4 components

Salasman said the CMAM had four "components"—community outreach, case management for SAM without complications, inpatient care in stabilization centers for SAM with complications, and management of MAM.

"The CMAM is the protocol that globally works for severe malnutrition, and this has shown to reduce mortality by 5 percent," he said.

But, a mother of three girls aged 6, 5 and 2 years, who on the last day recovery on breast-feeding and feeding relative to malnutrition, she constantly reminds mothers of the importance of breast-feeding in the fight against malnutrition.

Second, feeding to ease intervention that actually reduces malnutrition. Despite it's free and you will not buy anymore, it's so easy. This is what I've been doing in the past few years—in encourage this others," she said.

The treatment for the severely malnourished is not just through intensive feeding, which is the initial response of most medical professionals, she said. "When you go to the program, it's a gradual remedy and you will see how the baby improves."

Again, as the aggressive advertising of milk formula companies, Pura encouraged mothers to exclusively breast-feed their babies from birth to 6 months.

Breast milk

"There's the first issue, look on right away. Just breast milk, no water, no replacement, no nothing, just the purest of milk. People don't realize that it's all the baby needs, and continues on until 6 months. This is all what babies really need. The malnutrition prevents lactation. This is good, especially for the poor in the rural area," Pura insisted.

"Breast-feeding is so natural. It's in your body. And it's the baby's best friend to its baby. The baby needs breast milk, no need to buy anything," she added.

Looking squarely at the root cause of malnutrition spread across Mindanao, then thought of her daughters all born in post-conflict.

"The first babies, but there is no touch, hope with these babies because they are already responding, also and taking the more food. There are really good signs. Forgetting, the (Davao Ali's) eyes were swollen, the baby very weak. There's hope that he is on his way to recovery," she said.

"We really need help to reach out to more children," she said of the stark images and stories that hit her. "Imagine your own child looking that bad, like almost dead."

National attention

"It's very shocking and the very hopeful that there's a program that works, and that's already in place. Hopefully, the rest of the country will go to know about this. And brought up to the national level, that there will be a national policy to reverse malnutrition," Pura said.

As conflict in Central Mindanao remains deeply rooted, the struggle for health care lingers, according to Health Secretary Katig

Woodward of the Autonomous Region in Muslim Mindanao.

"It is our perennial problem. Expect it when there is unrest, when there is strife, when there is war, when there is chaos, there will always be malnourished children," Bantolero said.

He agreed that the CMAM had "positive" provided accurate statistics to effec-

of children and had consistently solved the problem in its three years in the region.

"The first victims of displacement are the children. What kind of future will they have when we have this problem? I can't say that the children are deprived of their most basic nutrition," Bantolero said.

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A 14

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DECEMBER 16, 2011

News

Read our special feature on page 14. For more news, visit www.pdi.com.ph. Email: news@pdi.com.ph.

'SENDONG' WAS HERE



PE'LA A mother carries her dead child, while other residents await word on the fate of their missing relatives in Iligan City.



CLIP OF BUSINESS A policeman offers a drink of water to a resident who was hit with a bullet as he lay on a pile of debris.

TRAPPED A group of a rooftop, as strong and a dead goat, residents await their rescue.



WITELAND The landscape looks badly broken as floodwaters subside and leave residents in Anas Street in Bantaga Center in Cagayan de Oro piling up the pieces of their worldly possessions.



HELPING HIMSELF A resident tries to find something positive out of the negative, swimming through the debris floating in floodwaters for whatever items can salvage in Cagayan de Oro.



ALL HANDS ON DECK Police rescuers pull a person-pushed rubber boat to safety in order to rescue residents stuck in Cagayan de Oro.

JANGLER'S BIRTHDAY Volunteers use a rubber boat to ferry residents on their grounds from inundated areas in Cagayan de Oro.

Aplus

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STUDENTS of the University of the Philippines-Diliman hold the lantern parade during the UP Lantern Parade held at the UP Diliman campus Friday night.

Wayward fireworks hurt 17 in UP Diliman

By Jelyn M. Aurelio

A DECADES-old Yalede tradition of the University of the Philippines-Diliman held Friday night to mark the end of classes and the start of the Christmas break, but UP students turned into a chaotic spectacle when fireworks at the yearly UP Lantern Parade flew into an excited crowd and set toward the night sky.

The Quezon City Police Bureau and some IT students were injured by the faulty pyrotechnics during the festivities at the UP Diliman campus in Quezon City.

The incident happened at around 8:30 p.m. Friday in front of Quezon Hall, the campus administration building,

where floats and lanterns of participating colleges were showcased for a ritual round.

Colleges and other UP units competed with aquatic floats and lanterns parade around the Anderson Oval which was situated at the Quezon Hall.

Toward the IT injured students, Lucio Brangul, 35, and

Antonio Salazar, 25, were struck by the Capital Medical Center along Quezon Avenue.

The two were brought to the UP Infirmary for treatment.

Police identified them as: Bryan Delacruz, 4; Jose Arnel, 13; Joey de Mesa, 22; Princess Cruz, 15; Ronny Sanchez, 24; Jerome Espinoza, 11; Gerald Pata, 24; Dennis Ayres, 18; Steven Corpus, 15; Tracie Madala, 35; Karen Mallin, 36; Marie Rivera, Quezon City, 14; Carlos Espinoza, 41; and Danilo Dabag, 35.

Sgt. Michael Managat, Quezon police station commander, said they had taken two students the two students who were in charge of the fireworks display at the UP Lantern Parade.

The identified victims as: Mark Velasco and Jolito Laban, both employees of Solar Harvest Company, which the university had hired for some years now for the fireworks show. The two were brought to the Quezon City.

Depending on the outcome of the investigation, and if the victims decide to sue, Managat said the two might face charges of reckless imprudence resulting in multiple injuries.

Vice-Chancellor for community affairs Marissa Alad said university officials will meet with the fireworks contractor to investigate the accident.

KFC Party Bucket

A complete hassle-free party pleaser

The KFC Party Bucket is the main event at any celebration with 10 pcs. of chicken, 10 BBQ Ribs, 10 rice, 5 large fries, 5 spaghetti, 2 bottles of Coke (1.5L) - all for only P1,375. Perfect for groups of 10-15!

SO GOOD

EPIC CAMP OUT

SMART officially launches
the **iPhone 4S**
in the biggest event of the year



Leading wireless services provider SMART Communications, Inc. (SMART), in an unprecedented move, shut down the Rockwell Powerplant Mall for an exclusive event from 10pm Thursday to 5am Friday to officially unveil the most anticipated iPhone 4S – now on the most reliable and largest network. Dubbed as SMART Holiday Camp Out, thousands ‘camped out’ to get first dibs on the iPhone 4S which comes packaged with the most flexible postpaid plans.

Redefining the ‘camp out’ experience, SMART provided unlimited food and drinks from Cbo, Sump Sam, Bungo, Starbucks and Coffee Bean & Tea Leaf, free and HD screenings of the movie Mission Impossible 4: Ghost Protocol, unlimited arcade gaming at the Q Power Station, and world-class entertainment from international artists Lupe Fiasco and Jemaine Dapri. Waiting in line has never been this good!

Apple products like iPads and MacBook Airs, game consoles Xbox Kinects and PS3s, Beats by Dr. Dre headphones, a brand new Subaru Impreza STi and other amazing prizes were brought home by some lucky SMART subscribers.

From Anne Curtis to the Atsuki's Aly Baranero – the metro's who's who and guests partied the night away with KC Montero and radio jacks Mla, Arellano and Boys Night Out's Slick Rick, Tony Tanti and Sam YG as hosts.

"This event signifies how much enjoyment we would like Filipino iPhone 4S users to have from their device. They can now make the better choice and maximize the features of their handset, because SMART has the reach, reliability and capacity to deliver the best mobile internet experience," said Orlando B. Vea, SMART Chief Wireless Adviser.

The iPhone 4S is now available at SMART Stores across the country – because everybody deserves an Apple.

Winning the iPhone 4S web war

From part to Droid, Twitter was abuzz with racing tweets about the camp out from geeks and those who covet only wish that they were in Rockwell making the iPhone 4S having a consistent top trending topic. Meanwhile, netizens raced to outdo each other's head-to-head speed tests comparing between two iPhones around Metro Manila – one on SMART, the other on another network – where SMART consistently proved to be the superior network in terms of speed, reliability, and connectivity, just to show that in choosing a phone, the network makes all the difference!



Sunday SPORTS

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Heat stick with 'Spo'



FOR A while, it seemed like his tenure as head coach of basketball's hottest club stood on shaky ground.

But Pat Riley's reputation as a coach who gets his assistants out of the way has helped him weather the Miami Heat's first year.

Riley's reputation as a coach who gets his assistants out of the way has helped him weather the Miami Heat's first year.

"We have one of the great young coaches in the league," Riley told a news conference. "We wanted to control him and keep him in the limelight, but we have someone who has more than us."

Comment: Riley was not overreacting.

Spoiler's first year in Miami was 2005 and he's a lot of the best coach in the league. Riley was not overreacting.

"We have one of the great young coaches in the league," Riley told a news conference. "We wanted to control him and keep him in the limelight, but we have someone who has more than us."

Comment: Riley was not overreacting.

man was further fueled with the infamous "Shogun" scandal, where James trumped Spoiler's wish to make a timeout during a game against the Dallas Mavericks.

The incident had repercussions. But Spoiler's secret coaching skill with his team, with reports of Spoiler's success saying that the team may be successful for his team.

During the peak of Spoiler's career, Spoiler's quietest time of his career and inspired.

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"Spoiler's quietest time of his career and inspired.



Pat Riley (left) and Erik Spoelstra (right) on the Miami Heat bench. Riley is wearing a white shirt and Spoelstra is wearing a white Heat jersey with the number 1.

He is currently who is very successful. He is currently who is very successful. He is currently who is very successful.

Kobe wife files for divorce

LOS ANGELES—Basketball star Kobe Bryant's wife, who cited by her husband when he was charged with sexual assault in 2003, filed for divorce on Friday from the Los Angeles Lakers star, citing irreconcilable differences after a decade of marriage.

Bryant's lawyer signed the divorce on Dec. 1, but the divorce was not filed until Dec. 10, according to court records.

The divorce was not filed until Dec. 10, according to court records.

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daughter, Natalia, 8, and daughter, Isabella, 6, filed for divorce on Friday from the Los Angeles Lakers star, citing irreconcilable differences after a decade of marriage.

Bryant's lawyer signed the divorce on Dec. 1, but the divorce was not filed until Dec. 10, according to court records.

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The divorce was not filed until Dec. 10, according to court records.



Vanessa Bryant (left) and Kobe Bryant (right) at a press conference. Vanessa is looking down and Kobe is looking forward.

Rubio debut up

MIAMI—Miami Heat guard Ricky Rubio is ready for his NBA debut.

Rubio will play where his Minnesota Timberwolves coach, Rick Adelman, says he will play.

Rubio has impressed coaches and teammates with his passing, vision and how quickly he has picked up coach Rick Adelman's offense.

Rubio has impressed coaches and teammates with his passing, vision and how quickly he has picked up coach Rick Adelman's offense.

Rubio has impressed coaches and teammates with his passing, vision and how quickly he has picked up coach Rick Adelman's offense.

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ASKS PEOPLE FOR ANSWERS

Philips launches '+', project to promote healthier lifestyles

By Paula S. Phares

JAKARTA, Indonesia—Asia's economic growth over the last decade has led to faster wealth for millions of Indonesians living in the most densely populated corner of the globe.

But in the shadow of rising birth rates, many families still live in third-world conditions, left behind by rapid urbanization that has widened the gap between rich and poor.

Even people who have benefited from the region's improving economic climate are suffering, forced to work long hours in overcrowded cities or across harsh landscapes that force late night commutes and junk food diets.

To help solve the health and social problems that these changing lifestyles can bring, Dutch multinational company Philips (official name Koninklijke Philips Electronics) is running the only one-of-its-kind in the world.

The company recently launched its Philips '+' project, a campaign that aims to help change the lifestyles of billions of people in emerging economies for the better.

Officials say the '+' project, launched here in the heart of Southeast Asia's largest economy in Philips' way of asking its public "tell us what your problems are, and we'll help you solve it."

The company says the project, which is a form of "crowd-sourcing," aims to identify day-to-day challenges faced by people in emerging economies and asking those same people for solutions.

"Anyone passionate enough can participate in this. They can submit ideas through the '+' project website and engage with us and other participants via social media," says Erik Verbeek, head of Philips Indonesia office.

"Local participants can identify a local challenge. These submissions can be discussed and judged, and ultimately many of those will become real-life projects of Philips," he adds. "We will enter the local, and we will bring those ideas to life."

Architect Fabian Rand, a lecturer at Indonesia's elite architecture college, the Bandung Institute of Technology, says Jakarta, like many Southeast Asian cities, is currently enjoying an economic boom that, unfortunately, cannot be supported by the poor infrastructure currently in place.

"Europe was the first, America is the present, but Asia lags behind. Of the 27 most megacities in the world, 10 will be in Asia. But partly due to a lack of political will, many cities in Asia have too many buildings and crowded roads," he said.

He says many megacities cities in the region are "pushing too much toward economic growth and ignoring social equity and functionality."

In nations like the Philippines, people tend to leave their comfortable homes to look for higher-paying jobs in already crowded cities like Manila and Cebu.

By year 2025, Rand says that as much as 60 percent of people in the region will have migrated to megacities areas.

Many Asian, he adds, also have a preference for horizontal land development in accommodate individual homes with their own backyards and garages, which takes space that could have been used for more productive purposes.

The result, he says, is a poor quality of life for most households, despite their high income.

He says what many city dwellers have forgotten is that "it's possible to produce happiness without excessive consumption. From a city point of view, space is the essence of society. If space is squeezed up, it reflects in the economic well-being of life."

Philips' Verbeek says the '+' project aims to gather new ideas and solutions from the public on how to solve modern health and well-being challenges across the archipelago.

"We Philips, the project is about taking the lead in addressing key health and well-being challenges in modern day Indonesia," Verbeek says, adding that if successful, the project would be deployed across Asia Pacific and eventually the world.

The '+' project builds on the founding of a new Philips health and well-being index survey—a comprehensive analysis of responses from over 11,000 people across 21 countries.

The research showed people's levels of satisfaction on 17 different areas, including physical health, their current and future income, among others.

One of the findings showed that people from Jakarta, Malaysia and the Philippines are the most driven to work long hours to make ends meet. But are also more concerned with tough transportation issues contributing to late nights and early

morning, leading to sleep deprivation. Philips says clients also will be given green of \$20,000 each, to be spent on project implementation. These projects should focus on three major themes, namely access to healthcare, promotion of healthier

lifestyles and making cities more livable. Aside from the monthly grants, winners will be given access to Philips' suite of technologies to help put their plans into motion.

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Improving lolo's recipe for La Paz batchoy noodles

Text and photos
by Phyllissa Virata
Special Section Column

CITY OF CALAPA—Like most jobs, when doing with his wife, he suggested to Calapa City (Yamaguchi) in 1998.

During the time, however, was broken and questioned by the challenges that eventually forced him to leave the city.

Approximately the end of the early years already paid off his technology career and manager of the Manila noodle factory.

Located in St. Mary's Village in this city, the enterprise got its name from his children Jay R. and Karl Thomas.

A graduate of medical technology and a former salesman, Delacruz started producing "lolo's recipe" noodles in 1997, a product he tried to put in the market for several years.

Located in St. Mary's Village in this city, the enterprise got its name from his children Jay R. and Karl Thomas.

When Delacruz and wife Marlyn, a professional, arrived in Calapa City, they did not know of any acquaintance or relative in the place.

Not the type of individual who would depend on his wife for livelihood, he immediately plunged to the very core of making a living.

The couple started an apartment for P1,000 a month in Baguio City in the city.

Even as Delacruz knew by heart his wife's formula for noodles he wanted his noodles to be better.

His great desire was to try to produce the right amount and mix of ingredients for his own noodles.

Fortunately, Marlyn and her helpers were given to be "lolo's" of the experimental noodles he concocted in the kitchen.



DR. Marlyn and Delacruz Delacruz at their fresh batchoy noodles in their Calapa City.

It came in a point when he was more willing than ever to be in the place of his wife. Delacruz says in Filipino describing his "lolo's recipe" noodles.

"Noodles are," he said, "the most of the most of the most."

"So a point of some years ago, he said, he was not sure if the noodles he was making were good."

He said, "I was not sure if the noodles he was making were good."

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FROM the top: The noodles in various stages of production.

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material for the kitchen tools.

Delacruz also wants to give his wife the opportunity to be the manager of the business.

He says that since coming to the city, he and his wife have been working on improving their product, the traditional noodle that was a staple of the city.

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more we want to enter to those without experience, the noodles will be good for four days even if it could not be in the market," he says.

It is long time since, when he started, he was not sure if the noodles he was making were good.

Delacruz is now looking for the right kind of ingredients as he could come up with the noodles that could be in the market.

He is considering buying a new oven as he could get his product to be in the market in the city next year as he could come up with the noodles that could be in the market.

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|---------|--------|----------------|--|--------------------|
| Jan. 10 | Thurs. | 1:00-4:00pm | SMALL STORE MARKETING | Chiquit Escudal-Ga |
| Jan. 12 | Thurs. | 4:30-7:30pm | HANDLING SALES OBJECTIONS | Chiquit Escudal-Ga |
| Jan. 20 | Thurs. | 1:00-4:00pm | ALPHABET OF BUSINESS SUCCESS AND FAILURE | Joniah Go |
| Jan. 26 | Thurs. | 4:30-7:30pm | COMPETING TO WIN | Joniah Go |
| Feb. 11 | Sat. | 9:00am-12:00pm | EFFECTIVE LEADERSHIP | Ric Blahon |
| Feb. 11 | Sat. | 1:00-4:00pm | EFFECTIVE COACHING | Ric Blahon |
| Feb. 16 | Thurs. | 1:00-4:00pm | PEOPLE SKILL & POSITIVE COMMUNICATION | Chiquit Escudal-Ga |
| Feb. 16 | Thurs. | 4:30-7:30pm | MOTIVATING YOUR TEAM | Mely De Borja |
| Mar. 7 | Sat. | 1:00-4:00pm | BRANDING FOR GREATER PROFIT | Frank Cal |
| Mar. 10 | Sat. | 1:00-4:00pm | DIGITAL MARKETING FOR SMEs | Donald Lim |
| Mar. 10 | Sat. | 4:30-7:30pm | E-COMMERCE FOR SMEs | Donald Lim |
| Mar. 27 | Tues. | 1:00-4:00pm | COMPETENT PRESENTATION | Ravena Umazon |
| Mar. 27 | Tues. | 4:30-7:30pm | EFFECTIVE PERSUASION | Ravena Umazon |
| Apr. 11 | Wed. | 1:00-4:00pm | ENTREPRENEURIAL RESOLVE | Joniah Go |
| Apr. 11 | Wed. | 4:30-7:30pm | FREE CONSULTING | Joniah Go |
| Apr. 27 | Fri. | 1:00-4:00pm | ANALYZING FINANCIAL STATEMENTS MADE EASY | Sunny Velasco |
| Apr. 27 | Fri. | 4:30-7:30pm | CUTTING COST WITHOUT CUTTING CORNERS | Sunny Velasco |
| May 11 | Fri. | 1:00-4:00pm | SELLING TO SUPERMARKETS | Bong Macanati |
| May 11 | Fri. | 4:30-7:30pm | EFFECTIVE PROJECT MANAGEMENT | Bong Macanati |
| May 21 | Mon. | 1:00-4:00pm | STRATEGIC INNOVATIONS FOR ENTREPRENEURS | Joniah Go |
| May 21 | Mon. | 4:30-7:30pm | FINDING YOUR NEXT BIG OPPORTUNITY | Joniah Go |
| June 6 | Wed. | 1:00-4:00pm | CUSTOMER RETENTION STRATEGY | Joniah Go |
| June 6 | Wed. | 4:30-7:30pm | HANDLING PRICE OBJECTIONS | Joniah Go |
| June 19 | Tues. | 1:00-4:00pm | MARRIED COUPLES WORKING TOGETHER | Joniah Go R |
| June 19 | Tues. | 4:30-7:30pm | EFFECTIVE MARKETING 101 | Joniah Go R |

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The environmental design of the model units designed by Leandro V. Locsin Partners, with the son of the late National Artist Leandro Locsin, at the helm, applies the use of the sun and wind for natural lighting and ventilation. Homes in this community are encouraged to use solar passive design strategies to be more energy and cost efficient, leaving significant savings for the more important things in life.

Enjoy nature in all its glory in Tagaytay Highlands. Delight in magnificent views of the sprawling grounds riding in the country's first and only Swiss cable car and funicular system. Play a round of golf with the breathtaking scenery as your backdrop. Spend quiet moments bird-watching or rise to the challenge of Taal Lake engaging in water sports activities. Your options are abundant and endless.



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SM Mall of Asia's dining scene offers a gastronomic experience like no other with their newly-opened restaurants ready to serve the best Asian flavors in the metro. The leading mall is constantly updating their menu of the most in-demand restaurants in the city to entice food lovers, family and friends to this world-class dining attraction. Let sumptuous Asian flavors stand out and try Eat Well, Laguna Cafe, BauChon, Sol and Xin Wang Cafe. From Chinese, Taiwanese to Korean flavors, SM MOA offers the best menu of restaurants only to satisfy your cravings. Get a taste of an exceptional dining experience only at SM Mall of Asia!



Countdown to 2012 : The GMA New Year Special

For the year 2011, SM MOA has been giving the best events to the metro as before and now the last celebration of the year at the premier lifestyle mall of the country. The December 31, noon and party at SM Mall of Asia is their welcome another 200 days of 2012 with a party like no other. This mall is one of the most iconic events of the year because the biggest 12M+ stars will join SM MOA with celebrity performances and awesome surprises at the backdrop of 10 PM. Celebrate with us until 12 PM in magnificent fireworks display events that will definitely end your night with a bang! Bring your family and friends to the mall that gives you the brightest and biggest celebrations at your corner, SM Mall of Asia!

The Grand Mascot Parade

Have a ball and bring the entire family to SM Mall of Asia this New Year's Day. You'll get the rare chance to see your favorite mascots come alive at The Grand Mascot Parade on January 1, 2012. The excitement doesn't stop there. At 8PM, join in the celebration as the parade will stretch from the North Arcade to the South Arcade. And don't forget to bring your cameras because you wouldn't want to miss having your picture taken with those of the iconic Hah.



Indulge in Taiwan's finest flavors at Laguna Cafe

Laguna Cafe is indeed one of Taiwan's finest dining destinations. A combination of Taiwanese and Sichuan flavors, try Bala Chicken Topped with Basilum and Ginger Oil, Fish Head with Pickled Red Peppers and Sea Fried Beef with Chili Peppers. What sets their dishes apart are the extensive and specialties of their flavors with a hint of ginger and basil which make their dishes appealing to most discerning palates. Special flavors are served like the trademark Indulge Biscuits with coconut shaved ice, condensed milk, smothered with red and green beans and garnished with tea, lactose balls and candied pineapple. Need we say more?

Why We Should Eat Well!

100 North Arcade, SM Mall of Asia

Trend the adventures of China as you get a taste of their special appetites—Baba, plump and fresh shrimp wrapped and steamed to perfection. Indulge in their authentic Hong Kong style Deep Fried Pork Chop/Chicken special. Yagou cuisine, Hainan-Male Roast with Peapod and Baking Marinated – a different texture for the palate, but definitely a must-try. You'll never get the authentic taste of China, are with you Eat Well!

Feast at Home with Asian Spices at Xin Wang Hong Kong Cafe

100 Entertainment Walk, SM Mall of Asia

Taste the flavors of street food favorites of Hong Kong, Macau, Shanghai and Singapore at Xin Wang Cafe. Generous cooking of Asian flavors are proven by their 280 menu items with a variety of cuisines—fusions, models of all kinds, soups, curry-flavored dishes, baked meats and "Hong Kong style" Western food. They also offer a fresh and icy side on their menu with their freshly delicious milk tea, local HK YingYing, Coconut Flout and boba juice with vanilla ice cream. Uniquely delicious and interesting dishes are ready to make you feel at home with Asian Flavors only at Xin Wang Hong Kong Cafe!



Try a Flavorful Thailand at Sai

100 North Arcade, SM Mall of Asia

There are more than 70 reasons to love Thailand and if you want those reasons, then, better give Sai a try. Sai's menu has 70 Thai cuisine items including a variety of salads, soups, noodles, rice dishes, curry dishes, grills, specialties and desserts. Satisfy your exotic cravings and try Sai's Cat Fish Salad, the aromatic essence of Thai Thai and for another seafood treat, Yum Yum Taki. Hot and fresh ingredients straight from Thailand. Sai serves authentic flavors with speed and lively service. With Thai chandeliers, mosaic tiles, wooden bar and wenge-finish furniture, get a vibe of authentic dining experience at Bangkok. Eat Thai, Love Thai only at Sai!



Taste the Mouth-Watering and Addicting Chicken at BauChon

100 South Arcade, SM Mall of Asia

Spice a restaurant with the full-blown colors of red and white with long lines before the counter, that restaurant can only be BauChon. One chicken after the other and you'll totally get hooked to the addicting secret but mouth watering flavors of BauChon. Get a taste of their crispy, caramelized and mildly sweet and spicy chicken with rice and you'll just find yourself craving for extra and more. Aside from this, they serve other must try dishes like Bulgug, Wop, Chicken Sandwich, Chopped and their best-selling, spicy dishes: Kimchi Chicken, Ginger Tofu Salad and many more. A new corner in the menu is the Korean-style Yagat, pizza or with a dash of cornmeal, it's certainly a good finale for a delicious meal. Satisfy another chicken craving at BauChon and discover why they are the best chicken in Korea and USA!

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Dec 25

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SM MOA Veranda Dining Restaurants on Dec 31:
9AM to 1AM

SM by The Bay: 4PM to 1AM on Fri and Sat

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Sunday LIFE STYLE

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By Carmelita S. Moore
Contributor

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and easing/ending also conflict.

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DIANE earrings with smoky quartz



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Spratly Islands

Conquering the Kalayaan Islands

The Christmas, Cignal, the country's first over-high-definition (HDTV) satellite provider, gives the gift of information and entertainment to the residents of Kalayaan Pagasa in the Kalayaan group of islands in Sulu, 40-km from Basilisa, Palawan.

When 21-year-old Sarah Ochoa won the Miss Kalayaan title early this year, she took it as a mandate to help uplift the minds of her small isolated town.

BASILISA
Pagasa is the 10th municipality in the Kalayaan group of islands, a continuation of part of the province of Palawan, with approximately 100 residents scattered in more than 50 households. It is compared to a remote island.

Efficient foreign neighbors, the poor people of Pagasa rely on a monthly delivery of supplies from the government and endure a heavy life devoid of the average Filipino life. No TV, no radio, no newspaper—to sources of information and entertainment. Everyday is a battle—against loneliness and isolation, among other imminent threats—to protect civil rule and fight for what is rightfully theirs. These smiling residents have mental pain everyday but they do as Filipinos do in difficult situations—they suffer in silence. It is a gift of connection to a world they so yearn to be a part of that even means going to an average Filipino. But for Sarah Ochoa and her town mates, it is a life-changing blessing.

With this in mind, the young beauty queen decided to offer to local politicians and prominent businessmen to seek much-needed support for the residents of her beloved island.



Resident's reception.

In her letter to Philippine Living (National Television Company (PLDT) Chairman Eusebio Dizon), Sarah lamented that, "the people residing in Kalayaan are more knowledgeable and aware as to what is happening in Vietnam than what is happening in the Philippines." The beauty queen with a mission also added, "Life in the Spratly Islands is characterized not only by isolation but by lack of access to television, as well as for not knowing the daily happenings in the outside world."

Her pleas for support fell on every deaf ear but not for the head of PLDT. Mr. Manuel V. Pangloss heard in loud and clear. And he promptly responded.

Since November, Cignal has begun work on setting up 33 set-top boxes for the entire municipality with a bonus—an additional 10 brand new HDTV televisions sent to enjoy their new HD channels on the over-the-air installation project, which is expected to reach completion early next year. It was a great boost to the community who reportedly know so little of its fellowmen and of the country's politics.

In his speech during the official inauguration of the project, Mayor Eusebio Dizon said, "I am truly thankful to Mr. Manuel V. Pangloss for his generous heart and support. For a long time, we have felt isolated and forgotten by the whole country but now through PLDT's efforts and its company Cignal, we can finally know how it feels to be a Filipino living in the Philippines."

As an emerging leader in HD digital satellite technology, Cignal disseminates the power and reliability of its connection as it paves the way for the residents of the Spratly Islands to enjoy a little and much dreamed break from the daily challenges of the island. In this every season of giving and sharing, Cignal has provided an entire town with more than just set-top boxes, satellite dishes and brand new television sets. Cignal has given back and has followed residents of Basilisa Pagasa a new lease on life—a renewed sense of hope and a fresh start where they are constantly updated and constantly connected to their deeply beloved and beloved.



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Holiday Glee

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SANTA'S SCHEDULE

Have your picture taken with Santa Claus and tell him what you want for Christmas!

NAKATI

December 23
Tuesday
4pm to 7pm

December 24
Saturday
1pm to 4pm

SHANGRI-LA

December 16
Friday
4:30pm to 7:30pm

December 22
Thursday
4:30pm to 7:30pm

GATEWAY

December 15
Thursday
4pm to 7pm

December 19
Monday
4pm to 7pm

ALABANG

December 18
Sunday
12pm to 3pm

December 21
Wednesday
4pm to 7pm

December 23
Friday
4pm to 7pm

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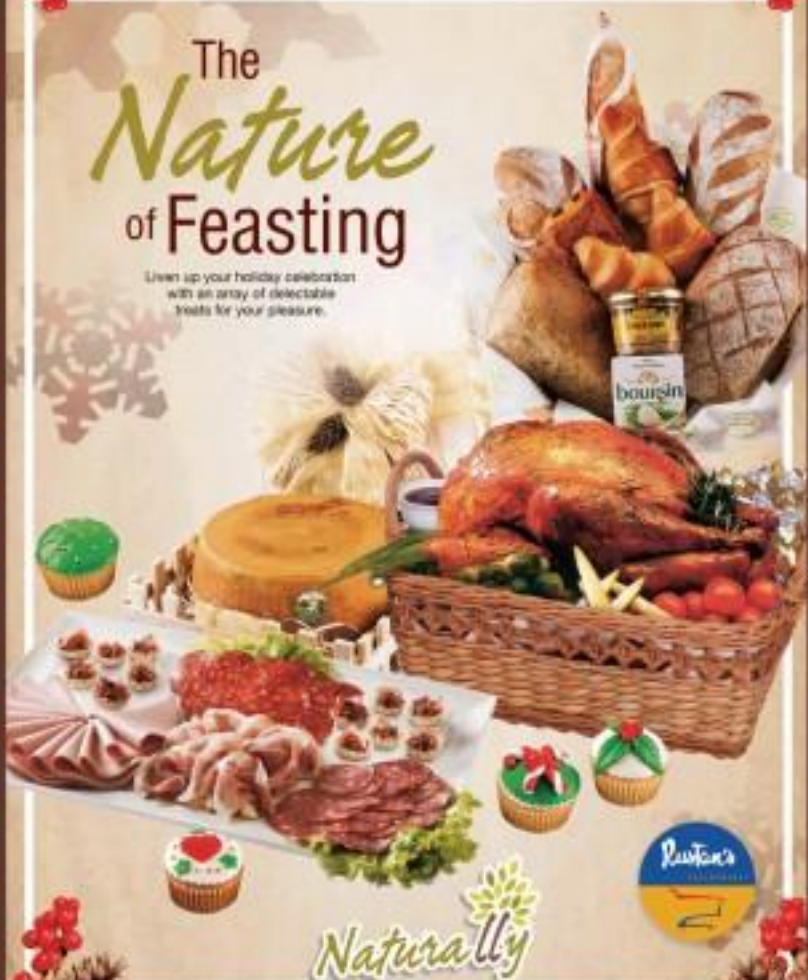
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Photos: www.kapusi.com/thank

Sunday LIFE STYLE

Christmas and volunteerism go together

THE JOY of giving warms the heart, especially during the holiday season. It's a great year-round feeling, but there's something about Christmas that makes spreading good cheer much more meaningful than usual.

Our Assumption Hill Basilica's ongoing outreach program to assist underprivileged young Catholics. This year, we have reunited with the kids of Hilan Philippines, a nonprofit organization that promotes and defends the rights of children, women and their families.

Thanks to our generous friends, es-

pecially Rosemarie and Cindy Yang from McDonald's, we hosted 30 kids and volunteers in a happy lunch and fun afternoon of games and prizes at McDonald's 24 hours branch, Encarnacion Circle and nearby good friend, Perty Chibay, were there to welcome the kids led by St. Josefa Carasco, RMA, and the rest of the VocaVolunteers.

After they enjoyed their McDonald's, the kids of the McDonald's were served. Ronald McDonald is a special, a new, more updated version of the painted face mascot that is

quite adorable. This is the volunteer, Rosemarie did the dance special number in the delight of all the kids.

Assumption church's Gladiolus Carasco was able to collect specially designed Hilan flag members with Gladiolus Carasco. My hand-writing bookman Popo's Gladiolus Carasco's pretty best hugs to make sure every one had something to take home.

After one year ago, he is and the Hilan Volunteers were also joined on their 10th Christmas program. This time, she had Gladiolus Carasco who was in their early 20s. It is so inspir-

ing to see the younger generation embracing charity at an early age.

German fellow

Indeed, it is great to see the youth take time from their holiday excitement to help underprivileged children. Rosemarie and Cindy's in Hilan is a great way to give back. It is the vice president of the Hilan Youth Council, working alongside specially designed Hilan flag members, the volunteers.

The other young women on the sta-

ONLINE



TESSA!
Tessa Prieto-Roldan

Holiday Ham Recipes Pineapple & Pepper Ham

Ingredients:
1. 10 lbs. whole ham
2. 1 cup of pineapple juice
3. 1 cup of pineapple
4. 1 cup of pineapple
5. 1 cup of pineapple
6. 1 cup of pineapple
7. 1 cup of pineapple
8. 1 cup of pineapple
9. 1 cup of pineapple
10. 1 cup of pineapple



Ham with Bourbon, Molasses & Pecan Glaze

Ingredients:
1. 10 lbs. whole ham
2. 1 cup of bourbon
3. 1 cup of molasses
4. 1 cup of pecan
5. 1 cup of pecan
6. 1 cup of pecan
7. 1 cup of pecan
8. 1 cup of pecan
9. 1 cup of pecan
10. 1 cup of pecan

Instructions:
1. Preheat oven to 325°F.
2. Place ham in a large roasting pan.
3. Add bourbon, molasses, and pecan.
4. Bake for 4 hours.
5. Baste ham with glaze.
6. Serve with glaze.



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*Christmas
Raffle*

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It's tropical Christmas in Boracay

CHRISTMAS here on a pond surrounded by exotic plants and tropical foliage



Just Rodriguez, Boracay's Christmas lights, tropical Christmas here is a typical Boracay



WANGLIAN LAY Boracay Resort and Spa celebrates Christmas with a festive event. The centerpiece is a Christmas tree made of bamboo poles in graduated heights approximately 12.12 ft high. The top of each bamboo pole has colored paper or stars in different sizes, each one lit at night. The tree stands on a pond with a fountain. Around the pond are lush tropical plants and real foliage such as banana trees, palm trees, papaya trees and other kinds of tropical gardens.

With one Boracay, such as Indian, Thai, Chinese, Japanese, Filipino, and other, and the hotel's tropical, exotic in different colors and varieties make up the ensemble designed by award-winning artist Tony M. Rodriguez. This is the third year Rodriguez is doing the Christmas show at the Boracay resort in Boracay.

Wangliyan's Boracay Resort and Spa awarded its Tropical Christmas show also is a tree-lighting ceremony called "Blossoms," led by Mark Kirk, general manager.



TONYAL artist Tony Rodriguez (above) has done Wangliyan's Boracay's Christmas show for the third straight year. General manager Mark Kirk leads the tree-lighting ceremony.

CHRISTMAS here made of bamboo poles, each pole topped with its own

LOUIS VUITTON

Tambour In Black



Sunday
LIFE STYLE Relationships



Give Love, Give Goldilocks!

The Christmas, where you live with Goblins in Black Velvet Lane,
jewelry sets and candy. Will you show them cheese and butter, some
caviar and champagne and liquid with liquid cream
cheese and a chocolate fondle.

Appendix 1

goldilocks

So—are men necessary?

We're in an era when women of a certain age love excess baggage, but only if it's Louis Vuitton or Bottega or Prada

THERE'S NOTHING like having dinner with women who admit to not having a man in their lives, at least not officially. These are women who profess self-sufficiency—and happiness in that state.

The flower can be either sweet and spicy, or bitter. But this is the best reason:

Ladies Who Lunch



The Great Shrimp New Deal

plains," Lamm advises her to avoid the significant other issue all night.

"We don't get too wrong, I can still be reasonable. I love reasonable meetings," Lauren all but begged.

"No, not," pipes in Tiny Tim, the wise merchant-cum-magician who's been happily at-large himself for some time now. "I love romance. But men...they can be mean to women. So let's get it."

Those women started having the means to support not only themselves and their families, but also their husbands and the limitless options life has to offer, suddenly the phrase to-kill-for is used more and more by men, because these men

Mitsukichi writes Masaozumi Dated even came out with the book "Yes Miss Narae say?" In a way of which was given me by a man, who, it would turn out, wasn't Mitsukichi (anonymously), where she wondered about the increasing weakness of the speaker—perhaps logically emotionally and even biologically (yes, despite the banal). And Dated perhaps have even come across this book.

Greatest 'downsides'

But of course, many are necessary, especially now. Who will we depend on for shelter, and for help if there were no trust? (I don't mean, let's skip around enough.) This brings me to Pilgrims' mothers and sons, Pilgrims' mothers, along with Native mothers, must be the greatest "pumpkinseed" (you can make a seed just like Pilgrims' mothers) in the world, especially where <http://www.pilgrimage.org>. *Walter D. Mignolo*

Each of your Filipino sisters loves to spoil their sons—whether the boys are six or 60, the same—usually more than they do their daughters. (I'm a daughter to a mom who worries when her only son seems disengaged. When it's my turn, she says, "Ngiti, ngiti!"—and changes the topic.) So, wouldn't you say, therefore, that pampered Filipino sons expect to be pampered as well by their girlfriends/wives/intimates? Such sense of entitlement is carried over into their relationships. That's the danger.

More and more, it's the women who are having to provide, not only money and supplies, but also emotional assistance. More and more women build and hold the infrastructure of a relationship. No wonder then that women are getting tougher in the workplace and beyond.

In the 1960s and '70s, the battle cry for women was for the equality of the sexes. Today, that equality seems more and more distant because women have proved themselves not only to be equal but—this is surprising—to be superior in men. "[Caring] women," a gay friend with a pronounced lisp's gone through the procedure to be able



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The way to receive love isn't to wrap anything up, but to unwrap your heart

CHRISTMAS is about gifts and giving, but not the kind you find under your Christmas tree.

As I sit penning to write this, I come across a passage in a daily devotion: "Preparing for the holidays is primarily a preparing of the heart. Instead of coming down to trees and the way to receive love isn't to wrap anything up, but to unwrap your heart."

In the weeks leading to Christmas, I strive to meet up, and carve out time, with friends who are very special to me. Time is such a valuable commodity, so I truly appreciate the time given me by those good friends.

at the 36, in Maui 1, printing writer in the chaos of mounting and unmounting passengers day in and day out.

After a time, my friend started to handle where she spent the next 17 years in flight attendant. I spent on my way in 34. For many years, my friend started writing about it.

In the span of 25 years, the world had changed so much, and so had we.

The most significant change was losing a child in 1986. But it was having to raise two new with autism and being the younger son for his father who was the same age as my youngest son, both of them born in the year my mother was passed away.

from the day we worked together. At the time, he was a new and thoughtful woman who could not but a fly.

I remember seeing Lady Macbeth in the day he was killed. This was in 2004, the approach was after a long holiday season in 2002. Having been in the same place, we were so happy to see, each other again, but since we were in a huge crowd and the moment had ended, we were so it really is home, inside that I know that it was the last time I would see him.

I thought about Lady Macbeth long after my friend and I passed away. I thought about other families apart from mine, their own loss from the holiday season, again reminded about the beauty of life.

The holidays can be a time of hope and joyful love for many. I know that as well because that was the spirit of the years after my father died in 1986, and then again after the son died in 1996.

During the holidays, losses become magnified and wounds become open.

Let go of sorrow

What I have found helpful, these last two years, was simply to try to give up sorrow and just giving. Not just giving, but the thoughtless gifts that are a long way from the gift of love and forgiveness, performing acts of service, such as providing for the needs of an individual or a marginalized group, doing these things completely for yourself.

The joy of seeing a Glitter of light in their eyes, even momentarily and knowing that your gift was so precious brought some happiness into the Christmas as it was a wonderful time to bring light to our hearts.

It is such a gift that remains in the heart long after the Christmas tree has been removed. When you see your gift and truly accept the gift, it comes down from above, it becomes much easier to pay it forward because there is someone who makes you so acceptable what you must do.

When you finally accept the meaning in this life is over your mind, you can look to reach yourself but instead, you become, for judgment and forgiveness, the Edward Elgar meaningful song by bringing up or hope through a kind word or deed, opening up to receive in return the kind word.

And to receive something in return, I understand all the love from all my life. I know that all the love from all my life, those who have helped me out through happy times, making me to feel love and showing the love with support.

I understand that the love from all my life, those who have helped me out through happy times, making me to feel love and showing the love with support.

I understand that the love from all my life, those who have helped me out through happy times, making me to feel love and showing the love with support.

ROOTS AND WINGS



Cathy Dobson

holiday season, again reminded about the beauty of life.

The holidays can be a time of hope and joyful love for many. I know that as well because that was the spirit of the years after my father died in 1986, and then again after the son died in 1996.

Through each year together was special and unique, one of those families was particularly memorable and joyful.

After our college homecoming that year to celebrate our silver jubilee, we connected with a classmate I had not seen in decades. After graduation from the classes in 1986, we graduated together.

How can I help my wife move on and forget my cheating?

SUDOKU

Complex Sudoku grid with numbers 1-9.

Sudoku is a number puzzle game based on logic and deduction. The goal is to place numbers 1 to 9 in the grid so that no two numbers are in the same row, column, or 3x3 sub-grid.

Complex Sudoku grid with numbers 1-9.

EMILY'S POST

Emily's Post column featuring a photo of Emily and text about holiday etiquette.

the holiday with a smile in heart. How can I help my wife move on and forget my cheating?

the holiday with a smile in heart. How can I help my wife move on and forget my cheating?

the holiday with a smile in heart. How can I help my wife move on and forget my cheating?

the holiday with a smile in heart. How can I help my wife move on and forget my cheating?

SUNDAY CROSSWORD

PREMIER CROSSWORD By Frank & Longo

Premier crossword puzzle grid with clues.

FACTUAL VALUE

Factual value crossword puzzle grid with clues.

Large crossword puzzle grid with clues.

LG Smartphones advertisement featuring a photo of an LG smartphone and text about its features.

Editor Thelma Simpson Can Juan

Sunday **LIFE** *STYLE*

Contributing Editor Chad Ralston

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Values of the coefficients in Table 1 are monthly figures with 12th column payment in percentage of 10 months.
 Financing period is in 10, 20, 30 and 40 months. Subject to credit approval. Period extended until December 31, 2011.
 Approximate 10–40% fee 170–940 Percent the 2011 limit of 20%.

Gilda Cordero
Ferreira

Urban legends

When Dumaguete went underwater from heavy rains four years ago, angry fishermen and farmers demanded the release of the mermaid that the marine biologists had purportedly been keeping in a tank.



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IF M&A believed by the folk that when a mermaid is captured (and held captive), it survives in a big flood. After "Dudoo," it is said that more people went to the Marine Aquarium than usual to check whether a mermaid was, indeed, in one of the display tanks.

Two friends who regularly go to Chiriquigero, one on a motorboat, also note that when the outside city went underwater from heavy rains last year, salmon swam up and down the coast matched similarly to the behavior this year: salmon laid around with eels. They were soon joined by larvae-carrying petichoke, whose larvae had been incubated. They demonstrated the release of the demand that the marine biologists had hypothesized here happens in a tank (in context).

These director Alejandro's marine science department has been made in the name of his paper, even as some of the most significant work would be

SUMMARY



PAUL K. PHILLIPS
JAMES



IN THIS ISSUE
So the dogs never
have to fight again (G)

Sunday LIFE STYLE

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*PowerLite microwave oven is not available in the Philippines.

Girls gone viral



YOUNG
 Guzman, Sheppard and graphic designers like Thompson thought it would be funny to compile a list of things girls say and post it on Twitter.

Then food, drink, sports, became a huge success, with over 140,000 followers. This week, Mr. Girls Day released a YouTube video that Sheppard in drag dressed and started in Atlanta town, a 30/30 Girls Day list, made an appearance in the lifestyle list. The video went viral quickly and was picked up by news channels across the US. They opened the way girls talk... "Did I look the best?" or "First of all, no!" "We're amazing. And the best part? That was just yesterday."

WHICH EVENTS AND PEOPLE WILL YOU REMEMBER 2011 FOR?

Kitty Go
and others on the Japanese, Gbadafi, Liz Taylor and Pacquiao

Compiled by Nargis Noyes, Anne Jamison, Alex Noyes, Chicho Mond and Pam Patis

Last photo post

THE DEATH of three Japs will be most memorable, since the last harvest changed how we do things on a daily basis. Since the killing of Osama bin Laden and Mohammed Gaddafi, there is a sense of closure, and the world seems a bit safer—here is a list of things and people that will be remembered in 2011.

If there was a time I thought the world was really going to end, it was in the last half of the year, and during nothing in what, it was this year. There was no big thing, but the world kept giving me trouble everywhere.



that rocked my world (in one case, in reality) was:

1. The Japan earthquake—When a 9.0, I was in my kitchen in Tokyo and there was an announcement on TV that the 9.0 earthquake got stuck in the on-deck and the American Congress was along. I was hoping for only one thing that Tokyo would go on sale soon. The resulting earthquake was catastrophic in countless ways, but it showed the unity, civility and humanity of a country and people I have grown to respect immensely.

2. Middle East issues—After years of conflict.



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Ages 10 and up



THE WAY, WAY BACK
Ages 10 and up



THE WAY, WAY BACK
Ages 10 and up

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TV host steals award from colleague

By the Entertainment Staff

SOLEMN HOST is hardly that in the former studio, according to a source.

SA just proceeds to cheer about his subjects, mostly poor people, in front of Eternity, relative in London.

Before, SA is supposedly killed in award-giving time.

Interview: Colleagues are up for a major honor. DC's reputation in the network, however, limited. It SA, using family connections, awarded the award from DC.

SA will stop in setting to emergency.

Company of women

After a string of failed efforts with handsome hosts, Beautiful Personality has stumbled upon a new idea—this time, a woman who can host the show.

Perhaps SA found in PP—who's reportedly quite a looker—all the qualities he's looking for.

According to insiders, PP could be the next Pops' partner but stick out.

PP has had her dilemma before, but apparently her team now has to wait another show.

All in the family

Spending of PP: She used to date Shady's sister. Their relationship was going strong. DA introduced PP to his family, including a female cousin who's gay.

Before SA leaves, a PP had decided on with PC. DA was headstrong and went on a drunken episode in a crowd.

Intervention

Beautiful Personality was using a comedian. He allegedly had plans against DA's profile. Personality is the shocked drink.

The situation was so alarming that the comedian broke a professional contract and returned PP about 12 years.

Doctor's lie

Repulse Blue and Danny Aronov. By using a comedy about that period the wedding—something to do with party impressions.

In comedy, comedy, house, studio supposedly announced PP and DA to go to a doctor's clinic a day after the supposed incident.

It's a pity. "So that if anyone asked, they wouldn't have to be about going to the doctor" said the hospital where they had been studied.

A little while he goes a long way

Manlow is 48?

LOS ANGELES—“Copeland” singer Barry Manlow, 48, is reportedly going to appear on Monday, the day after completing a one-year run of shows in Las Vegas.

The 48-year-old Manlow had the surgery at a Los Angeles hospital, said his representative Adam Jones.

“That’s what you get when you jump around to ‘Copeland’ for 30 years!” Manlow said in a statement. **News**

Best for LA critics

LOS ANGELES—George Clooney’s latest choice “The Descendants” won the award for Best Film by the Los Angeles Film Critics Association, where critics are so much influenced by the New York Academy Awards.

From “Sideways” to “Ocean’s Eleven,” Clooney is a talented actor. In “The Descendants,” he plays a wealthy man who is a single father.

Michael Fassbender won Best Actor for a breakout year that included leading roles in a new addition to “Shame,” a great contrast to “12 Years a Slave.”

TV KICK 12



SAHAR! Goddess herself went under her boyfriend, yet.



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Keywords: child sexual abuse; disclosure; social support; coping strategies

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1. The first step is to identify the problem. This involves understanding the current situation and what needs to be changed.

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| Category | Item | Value |
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| 1. General Information | Name | John Doe |
| | Age | 35 |
| | Gender | Male |
| | Occupation | Software Engineer |
| 2. Contact Information | Address | 123 Main St, New York, NY 10001 |
| | Phone | (212) 555-1234 |
| | Email | john.doe@example.com |
| | Emergency Contact | Jane Doe, (212) 555-5678 |
| 3. Medical History | Current Medications | Aspirin, Metformin |
| | Chronic Conditions | Hypertension, Diabetes |
| | Allergies | Penicillin, Shellfish |
| | Recent Surgeries | Appendectomy (2015) |
| 4. Social History | Smoking Status | Former Smoker |
| | Alcohol Consumption | Occasional |
| | Exercise Routine | Regular (3 times/week) |
| | Dietary Habits | Vegetarian |
| 5. Family History | Family Members | Spouse: Jane Doe, Children: 2 |
| | Genetic Disorders | Sickle Cell Anemia |
| | Heart Disease | Yes (Father) |
| | Cancer | No |

The Perfect Venue



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 any loss or damage to
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 the container is sealed.

1. **Introduction**

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100% of the respondents reported that they had used the Internet to search for information about the disease. The most common source of information was the Internet (85%), followed by television (75%), newspapers (65%), and radio (55%).

Keywords: *work, stress, coping, organizational commitment, organizational citizenship behavior*

1000

• **Interpretation:** The results suggest that the use of the proposed model can significantly reduce the time and cost of the design process, while maintaining the required level of accuracy and reliability.

Christmas short films



...the film is a...
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Apple Web
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THE MOST THINKING, FIGHTING & ROCKY HUNTER MOVIE THIS CHRISTMAS!

SHAKE RATTLE & ROLL

OPENS DECEMBER 25, 2011

...the film is a...

OPENS DECEMBER 25

HOUSE HUSBAND

...the film is a...

2011 METRO MANILA FILM FESTIVAL

Highly Anticipated Movie

Yesterday Today Tomorrow

OPENS DECEMBER 25, 2011

2011 Metro Manila Film Festival Highly Anticipated Movie

MARICEL SORIANO GABRY CONCEPCION
JERICH ROYALES DENNIS TRILLO PAULO AVELINO
LOVE POE CARLA ABELLANA SOLENN HEURRUFF



Yesterday Today Tomorrow

RONALDO VALDEZ ADY IRENO EULA CABALLERO

DECEMBER 20 PREMIERE NIGHT
7:00PM • GIN RIGAMALL CINEMA 9
OPENS DECEMBER 25
IN THEATRES NATIONWIDE



267,000,000 Chicken Inasal served
14,000 Filipinos making a living
420 Stores across the nation

who would have thought
we'd make it this far in just

2920 DAYS

And we wouldn't make
it this far without

YOU

That's why the Mang Inasal Team
will work even harder to give you
BETTER FOOD. BETTER VALUE. BETTER SERVICE

A brand that every Filipino could truly be proud of.



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ENTERTAINMENT WEEKLY DECEMBER 16, 2011

TV host...

Page 11

One, stop fantasizing the public with this is well.)
• At the time, she was a rising star in the U.S.
• She was a reporter at the time, but she was a TV host.
• She was a TV host at the time, but she was a TV host.

ing, look at this. (She was a TV host at the time, but she was a TV host.)
• She was a TV host at the time, but she was a TV host.
• She was a TV host at the time, but she was a TV host.

One, stop fantasizing the public with this is well.)
• At the time, she was a rising star in the U.S.
• She was a reporter at the time, but she was a TV host.



FROM ABOVE, clockwise: Anne Curtis, Marian Rivera, Remy Martin

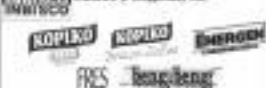


MISS EARTH WONDER BE IN SABAH: Miss Earth 2011 Olympia Kourkova, Miss Earth 2010 Carolina Medina-Arellano and Miss Earth 2009 Adriana Lima pose with the Philippines' reigning Miss Earth 2011 Olympia Kourkova during their arrival at the Sabah Beach Resort in Sabah, Borneo. The women also visited the resort's organic farm as part of their itinerary.

2ND WEEK
THE #1 MOVIE IN AMERICA
\$181,868,732.00

FROM THE PRODUCERS OF THE \$1.5 BILLION
IMMORTALS
EVEN THE GODS WILL NEED A HERO

IMBICO (Philippines) Inc.



We are IMBICO (Philippines) Inc. the Philippine representative office of IMBICO Food and Beverage conglomerate. IT OFFICES look for people wanting to work in the food and beverage industry. We are looking for people who are interested in the food and beverage industry. We are looking for people who are interested in the food and beverage industry.

We are looking for people who are interested in the food and beverage industry. We are looking for people who are interested in the food and beverage industry. We are looking for people who are interested in the food and beverage industry.

Product Manager

Qualifications:
• Master's Degree in Marketing or Business Administration
• 3-5 years of experience in product management
• Strong analytical and problem-solving skills
• Excellent communication and interpersonal skills
• Ability to work independently and manage multiple projects
• Knowledge of the food and beverage industry is a plus

Sales and Promotions Manager

Qualifications:
• Bachelor's Degree in Marketing or Business Administration
• 3-5 years of experience in sales and promotions
• Strong communication and interpersonal skills
• Ability to work independently and manage multiple projects
• Knowledge of the food and beverage industry is a plus

Marketing and Sales Representative

Qualifications:
• Bachelor's Degree in Marketing or Business Administration
• 1-2 years of experience in marketing and sales
• Strong communication and interpersonal skills
• Ability to work independently and manage multiple projects
• Knowledge of the food and beverage industry is a plus

Human Resources Manager

Qualifications:
• Master's Degree in Human Resources or Business Administration
• 3-5 years of experience in human resources management
• Strong analytical and problem-solving skills
• Excellent communication and interpersonal skills
• Ability to work independently and manage multiple projects
• Knowledge of the food and beverage industry is a plus

Finance and Accounting Manager

Qualifications:
• Master's Degree in Finance or Business Administration
• 3-5 years of experience in finance and accounting
• Strong analytical and problem-solving skills
• Excellent communication and interpersonal skills
• Ability to work independently and manage multiple projects
• Knowledge of the food and beverage industry is a plus

Operations and Logistics Manager

Qualifications:
• Master's Degree in Operations or Business Administration
• 3-5 years of experience in operations and logistics management
• Strong analytical and problem-solving skills
• Excellent communication and interpersonal skills
• Ability to work independently and manage multiple projects
• Knowledge of the food and beverage industry is a plus

Information Technology Manager

Qualifications:
• Master's Degree in Information Technology or Business Administration
• 3-5 years of experience in information technology management
• Strong analytical and problem-solving skills
• Excellent communication and interpersonal skills
• Ability to work independently and manage multiple projects
• Knowledge of the food and beverage industry is a plus

Legal and Compliance Manager

Qualifications:
• Master's Degree in Law or Business Administration
• 3-5 years of experience in legal and compliance management
• Strong analytical and problem-solving skills
• Excellent communication and interpersonal skills
• Ability to work independently and manage multiple projects
• Knowledge of the food and beverage industry is a plus

Public Relations and Communications Manager

Qualifications:
• Master's Degree in Public Relations or Business Administration
• 3-5 years of experience in public relations and communications management
• Strong analytical and problem-solving skills
• Excellent communication and interpersonal skills
• Ability to work independently and manage multiple projects
• Knowledge of the food and beverage industry is a plus

Research and Development Manager

Qualifications:
• Master's Degree in Research or Business Administration
• 3-5 years of experience in research and development management
• Strong analytical and problem-solving skills
• Excellent communication and interpersonal skills
• Ability to work independently and manage multiple projects
• Knowledge of the food and beverage industry is a plus

Quality Assurance Manager

Qualifications:
• Master's Degree in Quality Assurance or Business Administration
• 3-5 years of experience in quality assurance management
• Strong analytical and problem-solving skills
• Excellent communication and interpersonal skills
• Ability to work independently and manage multiple projects
• Knowledge of the food and beverage industry is a plus

Atlas Copco (Philippines) Inc. – Expansion Program is looking for Oil & Gas Sales Engineer & Industrial Air Sales Engineer (Cebu-based) for Compressor Technique



For more than forty four (44) years, **ATLAS COPCO PHILIPPINES INC.** has been up to the commitment of providing world class products and services to its customers – be it manufacturing, mining, agriculture, and power generation.

To ensure continued success in the industry and to handle our growing business, we are immediately hiring:

One (1) Oil and Gas Product Engineer to handle its growing business. To qualify, you must have the following attributes:

- Mechanical / Chemical / Electrical / Mining / Petroleum Engineering Degree holder, preferably with PRC license
- A related experience with Oil & Gas, Power Generation, Chemical & Petroleum industries will be an advantage
- Sound business understanding / handling self-effective mechanical equipment such as compressors, generators, steam, light, pumps and valves or any other construction or mining equipment is definitely an advantage
- Knowledgeable in Computer Applications
- Young & energetic, flexible character
- Ability to relate with all kind of people in the organization
- Self-driven & self-motivated person
- Without sales experience, you may be considered as long as you are enthusiastic and open to pursue selling skills
- Interest in industrial sales and/or service organization

One (1) Product Engineer to join our Equipment Sales team in our Cebu Branch. The candidate must possess the following qualifications:

- Two (2) years of Engineering Degree from any reputable academic institution
- Minimum of 1 year experience in Equipment and Construction Selling in an industrial environment
- Ability to speak in Filipino

Personality Requirements:

- Excellent communication and interpersonal skills
- Result-oriented, proactive and positive attitude
- Committed and able to work independently and creatively

We offer the following benefits for the successful applicants:

- Generous salary and sales commission plan
- Use of company car and other resources needed for field work
- Opportunity to travel and to expand your sales territory
- Opportunity to grow professionally within the Atlas Copco worldwide organization

Notes: All Filipino, not more than 25 years old, with valid driver's license, willing to travel and to be relocated when required, willing to undergo training.

All those from **ATLAS COPCO** under the **First in Mind – First in Class** among various international.

To be a part of our **Worldwide First**, please submit your comprehensive resume not later than **December 30, 2011** to:

Ms. Marie Rayzel B. Zapata-Bayot
HR and Sales Officer
South Asia Region, Logistics Department
Buenos Aires, Argentina
E-mail: marierayzel.bayot@atlascopco.com

Atlas Copco is a world leading supplier of industrial productivity solutions. The worldwide and advanced range from compressed air and gas equipment, generators, construction and mining equipment, industrial tools and systems, systems, to related equipment and related services, including our customers and business partners and with more than 120 years of experience. Atlas Copco is committed to superior productivity. Multinational in structure, the company's global reach spans more than 170 countries. In 2010, Atlas Copco had 60,000 employees and revenues of \$10.1 billion. Learn more on www.atlascopco.com

www.atlascopco.com



Senior Asset and Business Continuity Management Assistant

Responsibilities:
• Assist in the development and implementation of the organization's business continuity and disaster recovery plans.
• Conduct regular business continuity and disaster recovery drills.
• Monitor and maintain the organization's business continuity and disaster recovery plans.
• Provide training and support to the organization's business continuity and disaster recovery teams.
• Conduct regular business continuity and disaster recovery audits.
• Provide regular reports to management on the organization's business continuity and disaster recovery status.

www.adb.org

Asian Development Bank **ADB**

Senior Emergency Services Officer

Responsibilities:
• Provide emergency services to the organization's employees and the public.
• Conduct regular emergency services training and drills.
• Monitor and maintain the organization's emergency services plans.
• Provide training and support to the organization's emergency services teams.
• Conduct regular emergency services audits.
• Provide regular reports to management on the organization's emergency services status.

www.adb.org

Asian Development Bank **ADB**

FOR IMMEDIATE HIRING FOR A FAST GROWING ADVERTISING AGENCY

ONE (1) ACCOUNT DIRECTOR or its equivalent position such as Management Supervisor, BUO

- Male or Female
- At least 3 years advertising agency experience as account director

ONE (1) MALE ACCOUNT MANAGER

- At least 1 year advertising agency experience

ONE (1) COPYWRITER

- At least 3 years advertising agency experience

ONE (1) ART DIRECTOR

- At least 3 years advertising agency experience

ATTRACTIVE COMPENSATION PACKAGE
THOSE WITHOUT ADVERTISING AGENCY
EXPERIENCE NEED NOT APPLY

EMAIL RESUME TO:
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City Program Advisers

Coland Integrated Development Consultants Incorporated (CIDCI) is currently in need of three (3) senior, highly motivated and experienced individuals to each manage a two year project of the United States Agency for International Development (USAID) in Balinguay, Iloilo, and Cagayan de Oro cities. The project aims to improve the business climate in these cities through the streamlining of regulatory processes for business registration and strengthening investment planning and promotion.

These individuals, to be called City Program Advisers, will be based in the said cities and will be working with a Project Team in the delivery of assistance to the cities. They will provide advisory services to the city governments and are expected to engage local business groups, civil society organizations, and other stakeholders in the implementation of the project.

Qualifications: The candidates should be bachelor's degree holders, preferably with post-graduate degrees and should have a minimum of five-year experience of working either in the private sector, the government or the civil society. The successful candidate will also need to demonstrate commitment, flexibility, enthusiasm and ability to adapt to a wide range of challenges. There will be frequent travels to Manila. Work experience with USAID-funded projects is an advantage. The position is full-time and the candidate is expected to commensurate as such as possible.

How to Apply: Interested candidates should forward a CV and a covering letter stating why they feel they have the necessary skills to perform well in the above role by 21 December 2011 to Ramon Blanes, Human Resource Manager, at blanes@ciadest.com.ph. Please include your name and job reference (CIADCI/ST/Project Adviser) in the subject heading.

Interview: Only those shortlisted will be contacted and interviewed.

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THE WORLD BANK

PROGRAM ASSISTANT

The World Bank Office Manila has a vacancy for a **Program Assistant** to provide administrative and high quality logistical, administrative and secretarial support to the Program Assistant in the Office of the Program Assistant. The incumbent will be responsible for the following duties:

- Provide general secretarial support to the Program Assistant, including scheduling, correspondence, and general office work.
- Assist in preparing and up-to-date portfolio.
- Assist in preparing and up-to-date management reports, including attending to the preparation of reports, and conducting research and data collection.
- Assist in preparing and up-to-date management reports, including attending to the preparation of reports, and conducting research and data collection.
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Selection Criteria:

- College graduate, preferably with degree in Business Administration or Management, Marketing, Finance.
- Minimum of 10 years of relevant experience.
- Excellent communication, organizational and presentation skills.
- Strong interpersonal skills and ability to work effectively and professionally with a wide range of stakeholders.
- High degree of flexibility, attention to detail and commitment.
- Ability to work independently and to accept multiple tasks with high efficiency.
- Highly proficient in computer software applications (Word, Excel, PowerPoint, Outlook, Project, Access).
- Excellent written and verbal communication skills in English and Filipino.
- Experience in the World Bank or similar international organization is an advantage.

Full description of vacancy #115000 is available in the World Bank website www.worldbank.org. An application must be submitted to the Human Resources Office, World Bank, 1818 L Street, NW, Washington, DC 20036, USA. The successful candidate will be responsible for the following duties:

- Provide general secretarial support to the Program Assistant, including scheduling, correspondence, and general office work.
- Assist in preparing and up-to-date portfolio.
- Assist in preparing and up-to-date management reports, including attending to the preparation of reports, and conducting research and data collection.
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- Assist in preparing and up-to-date management reports, including attending to the preparation of reports, and conducting research and data collection.

Posting date: 10 December 11, 2011.

TEAM ASSISTANT

The World Bank Office Manila has a vacancy for a **Team Assistant** to provide administrative and high quality logistical, administrative and secretarial support to the Team Assistant in the Office of the Team Assistant. The incumbent will be responsible for the following duties:

- Provide general secretarial support to the Team Assistant, including scheduling, correspondence, and general office work.
- Assist in preparing and up-to-date portfolio.
- Assist in preparing and up-to-date management reports, including attending to the preparation of reports, and conducting research and data collection.
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- Ability to work independently and to accept multiple tasks with high efficiency.
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- Assist in preparing and up-to-date management reports, including attending to the preparation of reports, and conducting research and data collection.
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Full description of vacancy #115000 is available in the World Bank website www.worldbank.org.

hire now www.jobmarket.com.ph

Working For a World Free of Poverty

People, Events & Products

Seri Fantasy World grants street children free one-day pass

STREET children from Manila were in for a treat at Seri Fantasy World, the little tykes—accompanied by their respective parents and guardians—were invited to experience a full day of unlimited and occasional playtime at this fun land in Manila. At all access pass to the fun land's major attractions were granted to street children for their to enjoy the attractions of Seriland.

The Manila Main, Think Art Museum, Kids Paradise, and 3D Cinema Plaza.

The charity project, dubbed as *Smile in Seriland* or *Smile in Seriland*, was spearheaded by the management of Seri Fantasy World Inc.

The project aimed to promote the importance of education, playtime, health, and overall well-being of children. It also aimed to provide a safe and fun environment for street children to enjoy the attractions of Seriland.

The Manila Main, Think Art Museum, Kids Paradise, and 3D Cinema Plaza.

The charity project, dubbed as *Smile in Seriland* or *Smile in Seriland*, was spearheaded by the management of Seri Fantasy World Inc.

The project aimed to promote the importance of education, playtime, health, and overall well-being of children. It also aimed to provide a safe and fun environment for street children to enjoy the attractions of Seriland.



Discovery Suites supports Operation Smile

DISCOVERY Suites, the premier serviced apartment with deluxe hotel services and facilities, will be donating a portion of its Christmas room package revenues, to support Operation Smile Philippines.

"Just as Discovery Suites endorses in being open to our guests through our various facilities and services, we are also committed to support Operation Smile's life-saving mission project for disadvantaged children who are physically unable to smile," says corporate chief David Pardo in Manila during the hotel's first lighting ceremony at the hotel's. Monetary donations will be provided by allowing a com-

mitment to the very Christmas room package booked from Dec. 1 until Dec. 15. The hotel will also accept donations from well-meaning employees, suppliers and long-standing guests.

Last year, Discovery Suites organized a similar effort with the Dynamic Team Company of CNA Bank of the Year 2010. The hotel's donation was used to support the life-saving mission project for disadvantaged children who are physically unable to smile.

Operation Smile Philippines provides life-saving reconstructive facial surgery to underprivileged children and young adults with cleft lip and cleft palate deformity. Operation Smile Philippines is the very first in-country organization of Op-

Mother's offers emergency tire repair for bikes

MOTHER'S Auto-detailing and Car Care gives you mother's product that saves your travel money and keeps your car in shape.

This time, Mother's gives you the Mother's tire, a tire repair kit that is easy to use and restores your tire after a puncture when riding your motorcycle.

When your tire goes flat, the same way as the Mother's tire, it has an air source that will inflate and repair the tire. It's a mother's tire, not a tire, and it's easy to use and restores your tire after a puncture when riding your motorcycle.

It is also the most convenient and allows you to repair your tire without having to change it. It's a mother's tire, simply attach the pump to your motorcycle's tire and you have a repair kit in no time.

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BBZ exports beer technology

BEER DELIVERY COO (BDC), the group is responsible for planning the beer delivery technology in the Philippines. It is the second in all our international expansion plan (the first, BDC has already given the "gold reserves" to Guam and Singapore). The aggressive expansion plan for Q3 and Q4 this year includes Hawaii, San Francisco, India, Japan, China, Thailand, Malaysia and Indonesia. 2012 in person plans include Greece, Japan, Australia and more states in the USA.

"We are entering an international expansion plan in the Philippines. It is the second in all our international expansion plan (the first, BDC has already given the "gold reserves" to Guam and Singapore). The aggressive expansion plan for Q3 and Q4 this year includes Hawaii, San Francisco, India, Japan, China, Thailand, Malaysia and Indonesia. 2012 in person plans include Greece, Japan, Australia and more states in the USA."

BBZ is already giving a name in the international market. From entering and establishing commercially available, BBZ is the market. BBZ has already entered in the new brand of beer specifically manufactured according to the specifications.

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online viewing



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The Loving Memory of
Anchika "Lito" Acemba
Joaquin-Baltes



who passed away at 77 years old
on December 8, 2012 in New Jersey, USA

He was born to his beloved, Mrs. Juan B. Baltes Jr.

Children: Dr. Victor Baltes Jr., Baltes, Mrs. John Baltes Jr., Baltes and wife, The. Christine Maribel Baltes, Christine Alvin Gregory J. Baltes and wife Mrs. Lory. Lory Baltes Baltes, and Mrs. Juan Baltes Jr., Baltes Baltes and husband Patrick Wayne Baltes and family lived in New Jersey, USA.

Grandchildren: James Chaves, Lorraine Chaves and John Chaves.

Sister: Adela J. Baltes (P), Adela J. Baltes Jr. (P), Lorraine J. de Castro, Adela J. Baltes Baltes, Lorraine J. Baltes, Baltes Baltes Baltes J. Baltes and wife Mrs. Lory Baltes Jr.

He was born to his wife at the family residence at 22 F. Capital St., Marikina, Marikina City, Marikina will be on December 12, 2012, at Holy Memorial Park, following a Holy Mass at St. Peter's Church at 12:00 PM in the presence.

*All the Pain and Grief is over
Every restless heart is peaceful
I am now at your feet
Softly lower in Heaven at last.*

Atty. Antonio M. Llorente

Tarlac, Tarlac and San Lorenzo Village, Makati City

Entered his Centurion on
November 20, 2011 (Heart of Christ the King) in New York City, USA
at the age of 96.

Parents : Atty. Maximino G. Llorente (deceased)
Rafael M. Llorente

Brother : Atty. Raulito M. Llorente (deceased)
St. Vincent Llorente (deceased)
James, William, Rex and Don (deceased)

Sister : Linda Llorente Young (Michigan, USA)
Atty. Thomas V. Young (deceased)
Mabel and Ramon (deceased)

Many great Llorente families (New York City, USA)
Alexander D. Padilla (deceased in law)
Catherine R. Mox Jr. (deceased in law)

His, Isabel Llorente Dominguez (Tampa, Florida, USA)
Dr. Roberto V. Dominguez (deceased in law)
Krisina, Kristina and JB (deceased in law)

Yvonne M. Llorente (New York City, USA)
Angela (deceased)

Antonio's remains will be interred at the San Antonio De San Antonio.

Family, relatives and friends request the prayer readers to pray for the eternal repose of his soul. Please visit flowers. Donations to a foundation to be established in Antonio's memory will be greatly appreciated. A Memorial Celebration will be held on January 12, 2012 at the San Antonio Parish Center, San Antonio Park, Makati City after a consolidated mass at 5:00 PM.

In Memory of Our Beloved

DON VICENTE CHUA

on his 84th Death Anniversary
on December 10, 2012

Masses will be offered at the following churches:

Christ the King Parish,
Quezon Memorial Ave., Q.C. 5:00 AM
Mary the Queen Parish,
Quezonville, San Juan 5:00 AM
Most Holy Redeemer Parish,
Batasan Hills, Q.C. 5:00 AM

His family requests visitors, friends
and the prayer readers to join them in prayers
for the eternal repose of his soul.

"Now I am about to go the way of all the earth.
You know with all your heart and soul that not
one of all the good promises the LORD your
God gave you has failed. Every promise has
been fulfilled; not one has failed." - Joshua

*An obituary with a picture
can be a fitting tribute to your
departed loved one.*

Always caring...

INQUIRER OBITUARIES

OBITUARY REQUIREMENTS:

- Copy of Death Certificate
- Any identification document (I.D.)

**DEATH ANNOUNCEMENT •
MESSAGE OF THANKS •
DEATH ANNIVERSARY • REQUESTS •
FREE DIGIT DESIGN**

Death Notice

**REV. FR. RODOLFO
PADILLO SALES**
"Rudy"

Parish Priest of St. Clare of Assisi Parish,
Taguig, Cavite, Luzon

deceased Dec. 14, 2012 at the age of 64

His body lies at rest at the
Holy Rosary Major Seminary, Marikina City
Interment will be on December 20,
Tuesday at 12PM.

Message of Thanks

"We, the family of the late

Brig. Gen. Cesar D. Templo (Ret.)

who passed away in the Grace of our Lord
on Oct. 27, 2012

wish to convey our heartfelt gratitude and
appreciation to our relatives, friends and
all who offered prayers and support, and
donations, and helped and supported us
in so many ways.

God Bless you for your kindness!
Tara, Chingling, and Phlegm

Inquirer Obituaries

Information through Web Site

Log on: www.inquirer.com.ph

"Eye has not seen, ear has not heard, nor has it dawned on man what God has
prepared for those who love Him." - 1 Corinthians 2:9

Call us, Inquirer Classifieds:

Head Office: 807-8425 (Telex); 808-442, 807-88-08 loc. 514, 518; 809-4425 • Cebu: 421-8343

• Alabang/Prov: (02) 553-7948-47 • Makati: 528-8213 • Megamall: 836-3219, 835-0222

**Beyond
advertising**

THE BUREAU OF INVESTIGATION (BI) of the Department of Justice (DOJ) is seeking qualified individuals to assist in the investigation of various cases. The BI is a federal law enforcement agency that is responsible for investigating and prosecuting federal crimes. The BI is currently seeking individuals who are interested in law enforcement and who have the necessary skills and experience to perform the duties of a federal investigator. The BI is a highly respected and prestigious agency, and individuals who are selected for this position will have the opportunity to work on some of the most important cases in the country. The BI is a diverse organization, and individuals from all backgrounds and ethnicities are encouraged to apply. The BI is a federal agency, and individuals who are selected for this position will be employed by the federal government. The BI is a highly respected and prestigious agency, and individuals who are selected for this position will have the opportunity to work on some of the most important cases in the country. The BI is a diverse organization, and individuals from all backgrounds and ethnicities are encouraged to apply. The BI is a federal agency, and individuals who are selected for this position will be employed by the federal government.

**Republic of the Philippines
Department of Health
Central Office, Manila and Regional Offices**

INVITATION TO BIDD

Procurement of Various Information Technology (IT) Equipment

NCB NO. GC-C-11-011

1. The Government of the Philippines (GPH) is now in the final stage of procurement of various information technology (IT) equipment for the Department of Health (DOH) and its Regional Offices. The GPH is now in the final stage of procurement of various information technology (IT) equipment for the Department of Health (DOH) and its Regional Offices. The GPH is now in the final stage of procurement of various information technology (IT) equipment for the Department of Health (DOH) and its Regional Offices.

| Lot No. | Item No. | Item Description | QTY | Unit | Est. Price |
|---------|----------|------------------------|-----|-------|--------------|
| 1 | 1 | Computer Monitor | 25 | units | 1,000,000.00 |
| | 2 | Computer Keyboard | 25 | units | 1,000,000.00 |
| | 3 | Computer Mouse | 25 | units | 1,000,000.00 |
| | 4 | Computer System Unit | 25 | units | 1,000,000.00 |
| 2 | 1 | Printer | 5 | units | 1,000,000.00 |
| | 2 | Scanner | 5 | units | 1,000,000.00 |
| | 3 | Fax Machine | 5 | units | 1,000,000.00 |
| | 4 | Modem | 5 | units | 1,000,000.00 |
| 3 | 1 | Network Switch | 5 | units | 1,000,000.00 |
| | 2 | Router | 5 | units | 1,000,000.00 |
| | 3 | Firewall | 5 | units | 1,000,000.00 |
| | 4 | Web Server | 5 | units | 1,000,000.00 |
| 4 | 1 | Software License | 5 | units | 1,000,000.00 |
| | 2 | Hardware License | 5 | units | 1,000,000.00 |
| | 3 | Service License | 5 | units | 1,000,000.00 |
| | 4 | Training License | 5 | units | 1,000,000.00 |
| 5 | 1 | IT Support Service | 5 | units | 1,000,000.00 |
| | 2 | IT Training Service | 5 | units | 1,000,000.00 |
| | 3 | IT Consulting Service | 5 | units | 1,000,000.00 |
| | 4 | IT Maintenance Service | 5 | units | 1,000,000.00 |

Interested bidders may obtain the Information for Bidders (IFB) from the Central Office, Manila, or from the Regional Offices. The IFB is available for inspection from December 10, 2011 to December 17, 2011, from 9:00 AM to 5:00 PM. The IFB is available for inspection from December 10, 2011 to December 17, 2011, from 9:00 AM to 5:00 PM. The IFB is available for inspection from December 10, 2011 to December 17, 2011, from 9:00 AM to 5:00 PM.

**Republic of the Philippines
Department of Justice
BUREAU OF INVESTIGATION
Central Office, Manila and Regional Offices**

INVITATION TO BIDD

[SUPPLY & INSTALLATION OF INFORMATION TECHNOLOGY EQUIPMENT]

1. The Department of Justice (DOJ) is now in the final stage of procurement of various information technology (IT) equipment for the Bureau of Investigation (BI) and its Regional Offices. The DOJ is now in the final stage of procurement of various information technology (IT) equipment for the Bureau of Investigation (BI) and its Regional Offices. The DOJ is now in the final stage of procurement of various information technology (IT) equipment for the Bureau of Investigation (BI) and its Regional Offices.

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OFFICE SPACE FOR LEASE

**TWO (2) FLOORS OF 1,048 SQUARE METERS
RENTABLE SPACE EACH**

ONB CENTER, Km. 9, Sasa, Davao City
Tel. No. (082) 233-7703 or (082) 233-7777

DESCRIPTION: ONB Center is a modern corporate center that will house One Network Bank's head office. The office space plans are convenient by virtue of the building's rectangular design, offering maximum use of the floor space.

ONB Center has approximately 1,048 square meters of space in each of the 3rd and 4th floor of the office building.

The building has panoramic views in all directions, serving as a focal point in the area, 24/7 fire alarm system and CCTV, centralized water supply and waste system, fire exit, comfort rooms, physical fitness gym, basketball court, and a chapel.

The rentable space will be ready for occupancy on April 2012.

The rentable space could be leased for a period of 2 years renewable for another 2 years.

PURPOSE: The leased premises shall be used only for office purposes of BPOs, Insurance Companies, Review Schools, Public Practice Firms, and other Private and/or Government Institutions.

Contact Person: Rosalea C. Guemera
Tel. No. (082) 233-7712
Email: rosal@onenetworkbank.com.ph

One Network Bank
P.O. Box 10000, Davao City, Davao Region
www.onenetworkbank.com.ph

NOTICE TO THE PUBLIC

Notice is hereby given to the public that:

SHIRLEY M. PADILLA

(With Pending Criminal Case filed before the office of the City Prosecutor of Manila under I.S.N. XV-07-18V-11K-09-02)

is no longer connected with our company.

Any transactions made/entered into between Shirley M. Padilla and any other party after this date are no longer valid and shall not be honored by the Company.

THE MANAGEMENT
POSCON SHIPMANAGEMENT INC.

090 - December 12, 2011 10:00 AM

CLASSIFIEDS

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